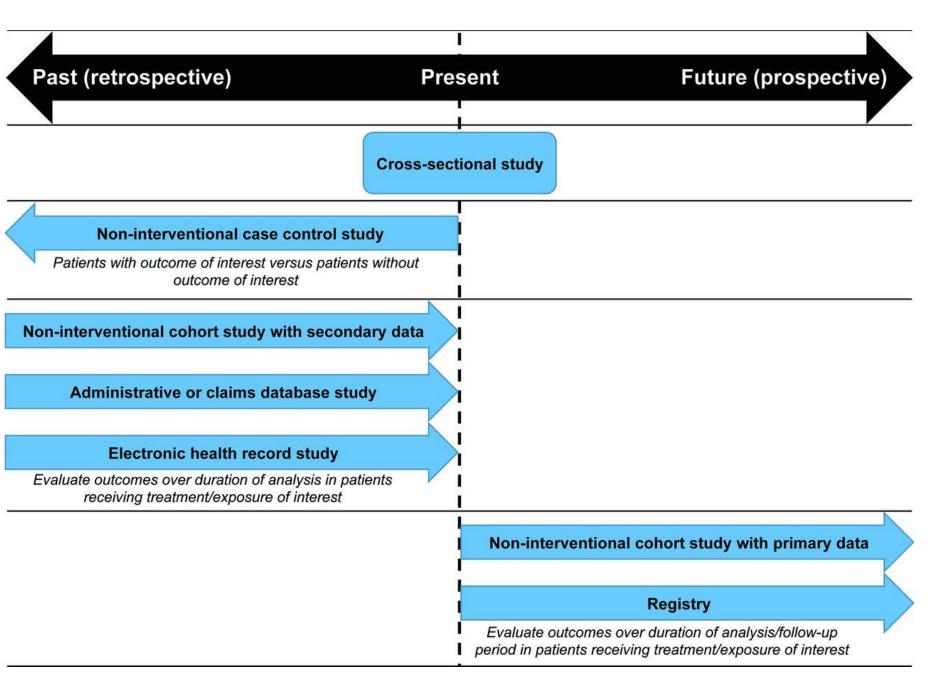
# Cohort studies hepatitis C treatment

Geoff Dusheiko
University College London
Kings College Hospital and Public Health England

#### Types of cohort study



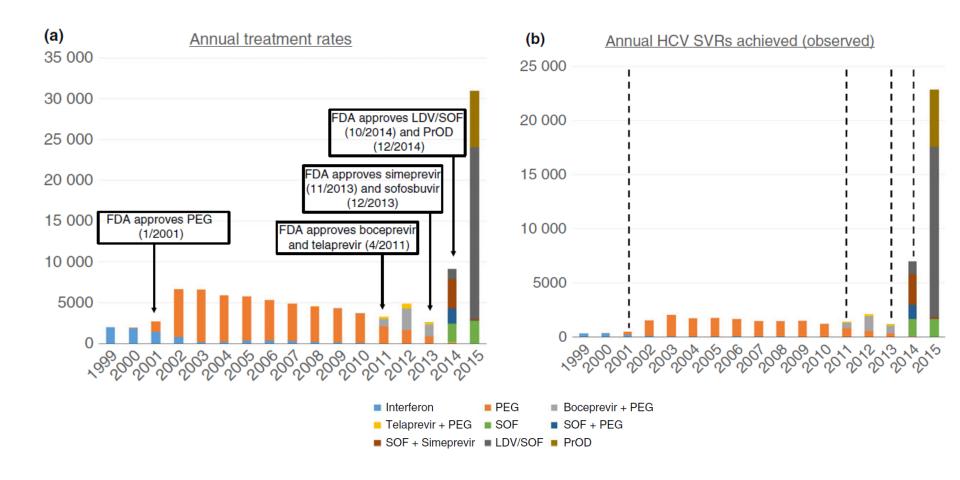
- Access to and impact of treatment
- Ethnic, geographic differences
- Outcomes of SVR
- Liver transplant
- Effect on comorbidities
- Hepatocellular carcinoma

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# Annual hepatitis C virus regimens initiating and achieving sustained virological response

All treatments January 1999 to 31 December 2015 (n = 105 369 VA system)

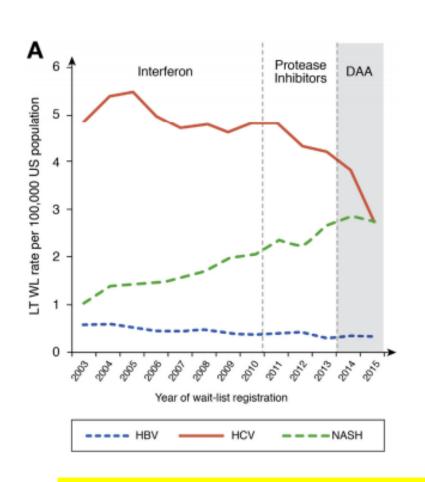
21-fold increase in the number of patients achieving HCV cure.

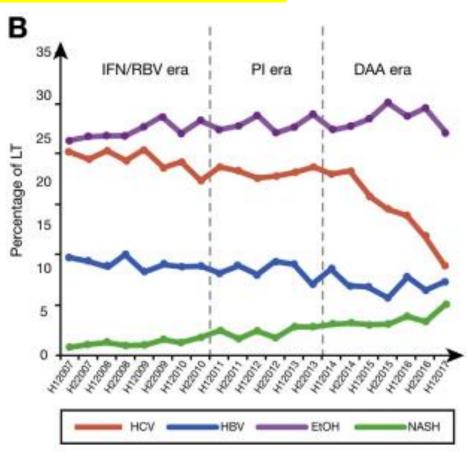


Moon, A. M., et al. (2017). Aliment Pharmacol Ther 45(9): 1201-1212

#### Decline in the proportion of patients on liver transplant waitlists United States and in Europe: public health population benefits

Etiology of cirrhosis hepatitis C since the introduction of DAAs



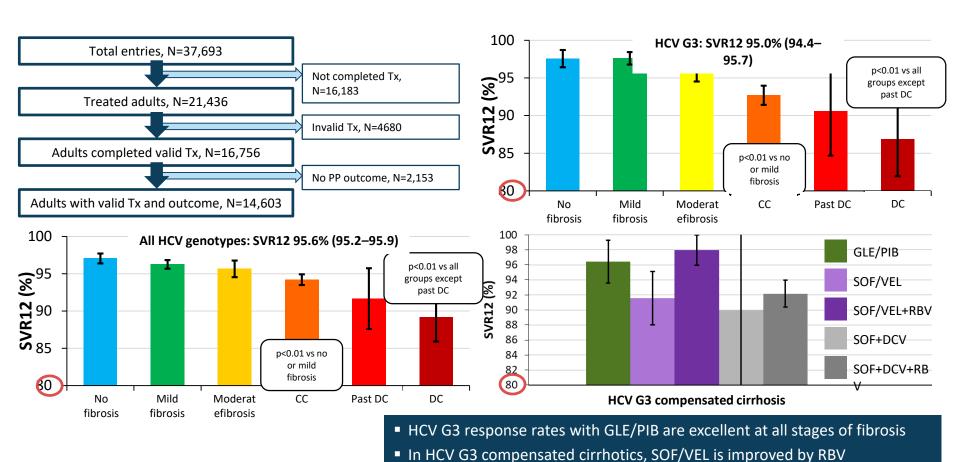


US Scientific Registry of Transplant Recipients annually from 2003 through 2015

Data from the European Liver Transplant Registry from January 2007 to June 2017

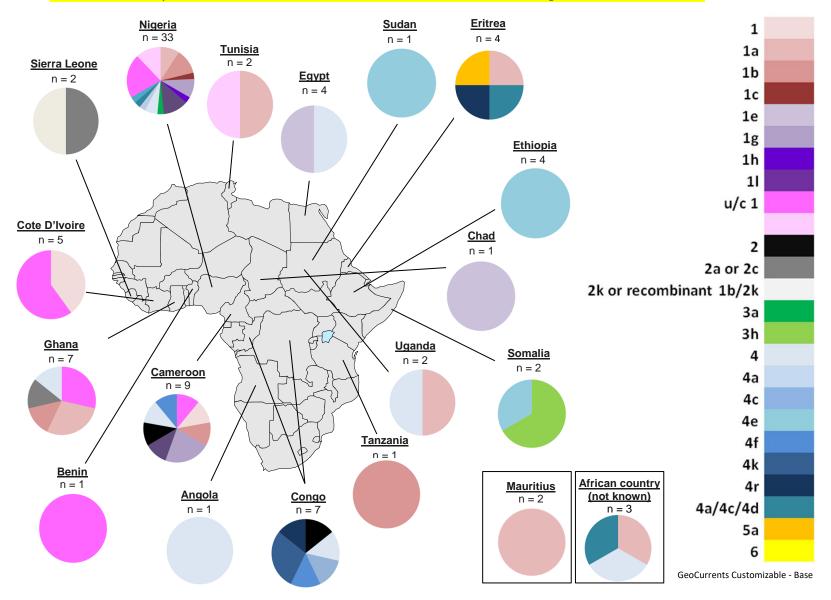
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## Effectiveness of therapy in 16,567 DAA-treated people in England: High response rates in HCV G3 infection regardless of degree of fibrosis, but RBV improves response in cirrhosis



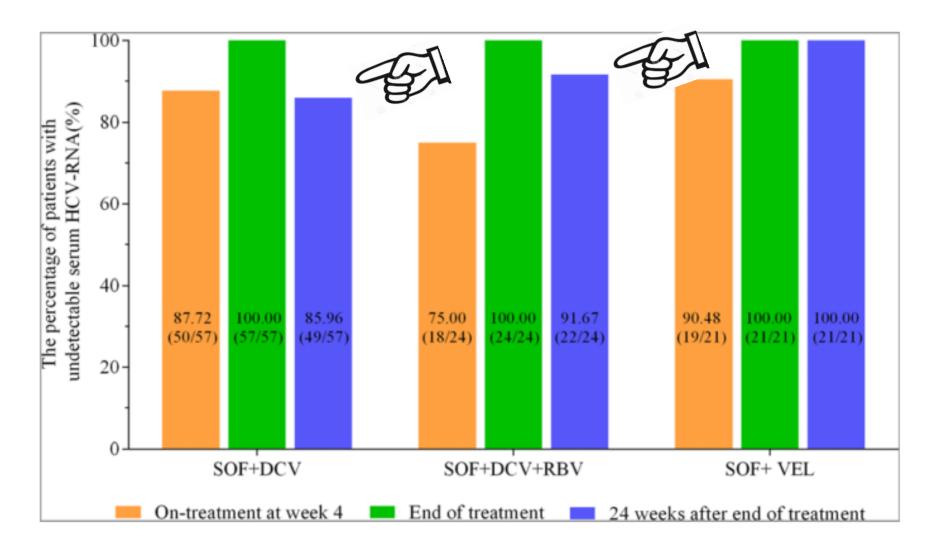
#### Subtypes African patients south London

SVR rates suboptimal with non 1a and 1b and non 4a/4d and first gen NS5A inhibirors



#### Efficacy of DAAs in Chinese HCV-GT3 patients

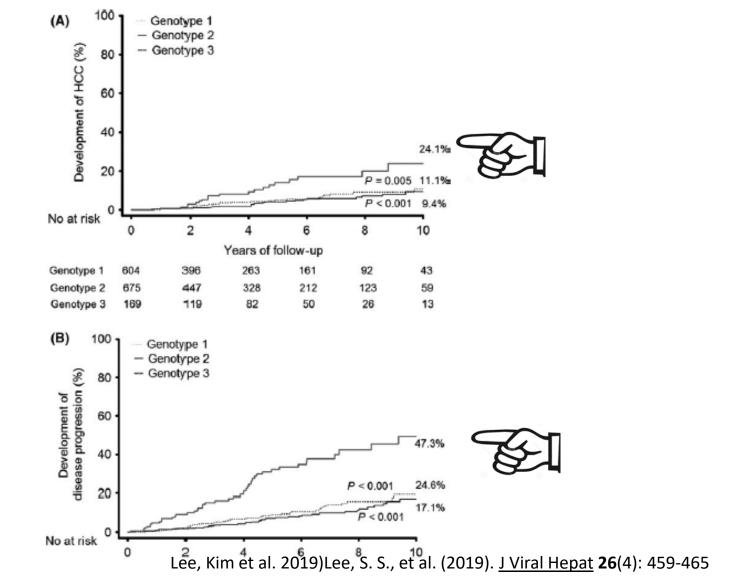
SOF-based regimens effective. SOF VEL higher response rates



Tao, Y. C., et al. (2018). <u>Virol J</u> **15**(1): 150

# The impact of genotype 3 and non-3 on HCC incidence and on disease progression in chronic HCV: Asian patients

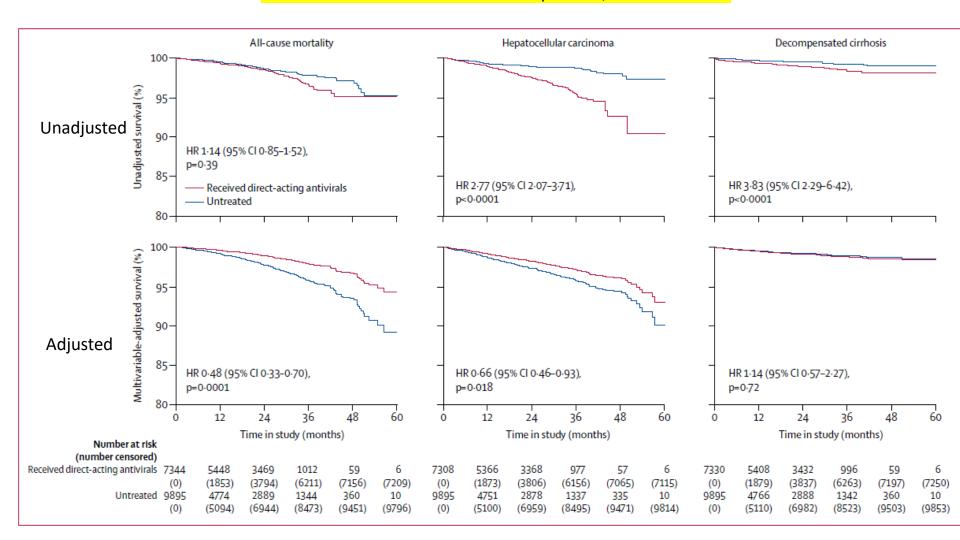
n=1448 three Korean centres: 10-year cumulative occurrence rates of HCC and progression



- Access to and impact of treatment
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Incidence death, hepatocellular carcinoma, and decompensated cirrhosis between patients treated with direct-acting antivirals and those untreated: Cirrhosis

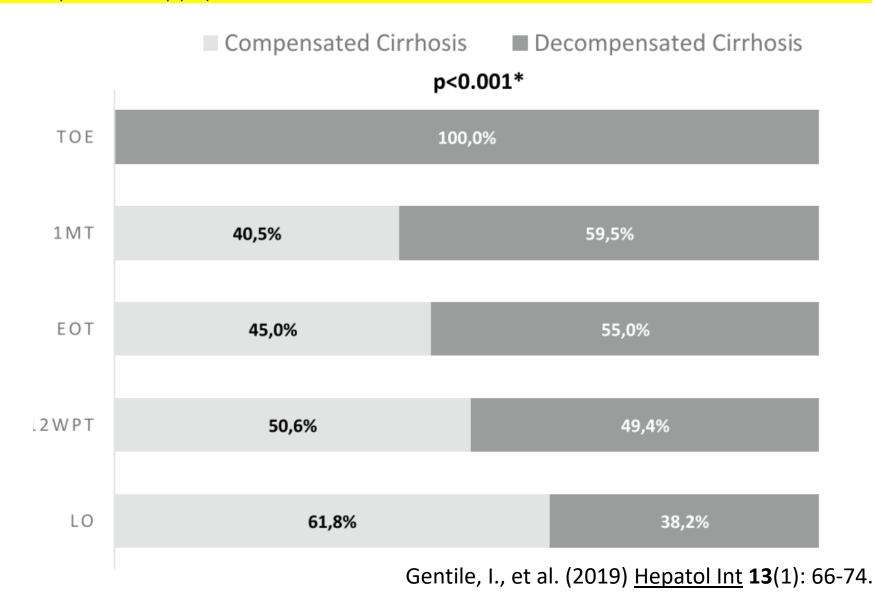
Observational cohort study French ANRS CO22 Hepather cohort: 2012 - 2015, 9895 included in analyses. Median follow-up 33.4 months Treatment DAA in 7344 patients, and 2551 UnRx



Carrat, F., et al. (2019). <u>Lancet</u> **393**(10179): 1453-1464.

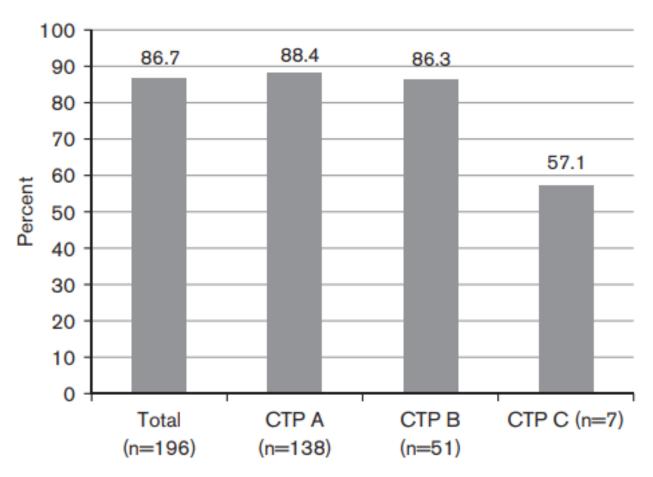
#### Improvement in liver function and re-compensation

Prospective multicentre study among patients with **Child-Pugh B cirrhosis** of an Italian cohort (LINA cohort) (89) who received treatment with DAAs: status at different times of observation



# Treatment of hepatitis C with direct-acting antivirals reduces liver-related hospitalizations in patients with cirrhosis

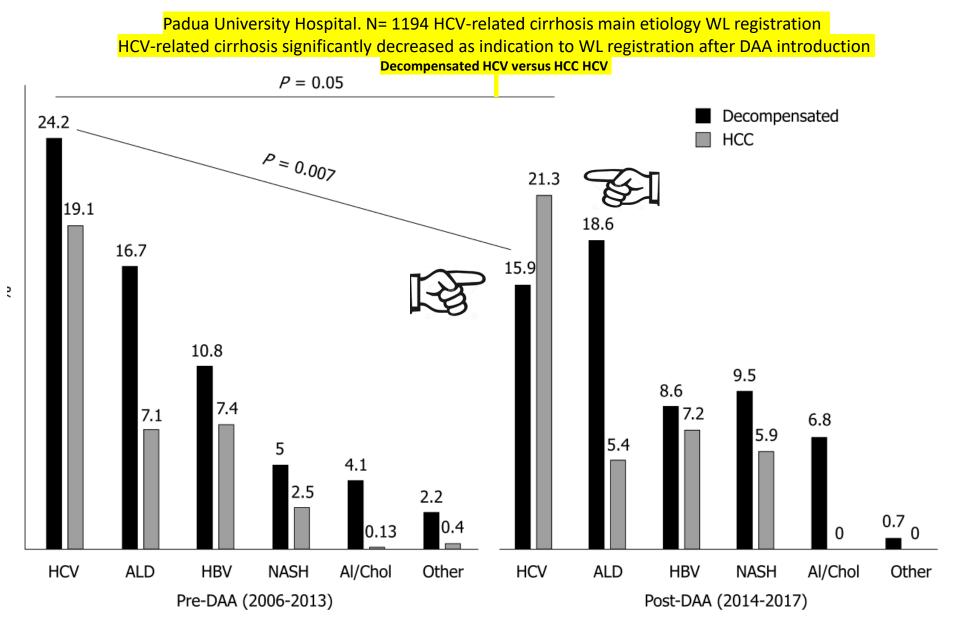
Retrospective cohort analysis single US center: Compared patients HCV cirrhosis according to treatment/no treatment status: primary outcome was the difference in the incidence rate of liver-related hospitalizations



Hill, L. A., et al. (2018). <u>Eur J Gastroenterol Hepatol</u> **30**(11): 1378-1383.

- Access to and impact of treatment
- Ethnic and geographic differences
  - Genotype
- Outcomes of SVR
- Liver transplant: indication and outcome
- Effect on comorbidities
- Hepatocellular carcinoma

Trends in waiting list registration before and after direct-acting antiviral introduction.



Ferrarese, A., et al. (2018). World J Gastroenterol 24(38): 4403-4411.

- Access to and impact of treatment
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## Impact of HCV eradication on HbA1c (%)

2,435 patients with diabetes who underwent DAAtreatment for HCV in the national VA system.

			Absolute change in HbA <sub>1c</sub> (post-treatment from	Mean difference in HbA <sub>1c</sub>		Adjusted* mean difference in HbA <sub>1c</sub>	
	Pretreatment HbA <sub>1c</sub>	Post-treatment HbA <sub>1c</sub>	pretreatment)	drop in SVR vs. no SVR groups	P value	drop in SVR vs. no SVR	P value
All patients							
No SVR SVR	7.27 (1.6) 7.20 (1.5)	7.08 (1.5) 6.82 (1.3)	-0.19 (1.3) -0.37 (1.2)	-0.18	0.03	-0.13	0.1
Patients with pretreatment HbA <sub>1c</sub> >7.2%							
No SVR SVR	8.54 (1.2) 8.54 (1.2)	7.89 (1.6) 7.56 (1.3)	-0.65 (1.5) -0.98 (1.4)	-0.33	0.02	-0.34	0.02
Patients with pretreatment HbA $_{1c} \leq 7.2\%$							
No SVR SVR	6.1 (0.7) 6.2 (0.6)	6.4 (1.06) 6.3 (0.9)	0.22 (0.9) 0.07 (0.8)	-0.15	0.04	-0.05	0.5
Patients with cirrhosis							
No SVR SVR	7.2 (1.5) 7.1 (1.5)	6.9 (1.4) 6.8 (1.3)	-0.27 (1.35) -0.30 (1.29)	-0.02	0.8	0.05	0.7
Patients without cirrhosis							
No SVR SVR	7.4 (1.6) 7.2 (1.4)	7.3 (1.6) 6.8 (1.2)	-0.09 (1.3) -0.42 (1.2)	-0.33	0.005	-0.31	0.01

Values are reported as mean (SD) unless otherwise indicated. \*Adjusted by multiple linear regression for age, sex, race/ethnicity, cirrhosis, platelet count, hemoglobin level, creatinine, bilirubin, albumin, INR, BMI, and FIB-4 score.

Future studies are needed to determine to assess long-term effect on complications of diabetes such as nephropathy, neuropathy, and cardiovascular disease

Hum, J., et al. (2017). <u>Diabetes Care</u> **40**(9): 1173-1180

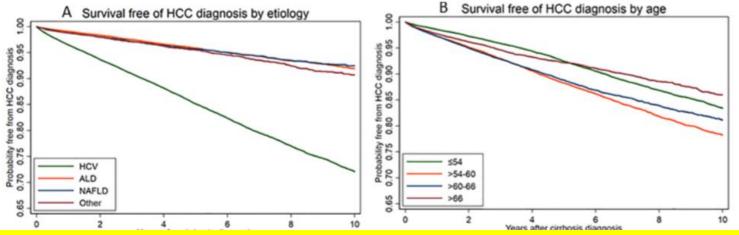
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## Advances with direct acting antivirals

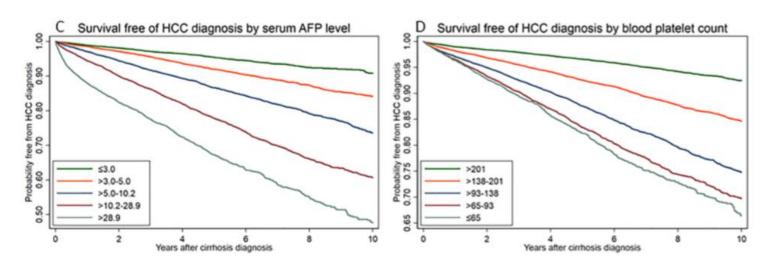
- Current DAA efficacy and safety means an ability to treat cirrhosis
  - Large numbers of older patients, advanced disease treated with DAA's
- DAAs reduce the mortality that is caused by worsening of liver function
- HCC
  - Any increased incidence of HCC would nullify the survival benefits

## Probability of HCC free by etiology: cirrhosis

116,404 patients with cirrhosis diagnosed between 2001-2014 VA healthcare and determined incident HCC cases from date of cirrhosis diagnosis until 01/31/2017.



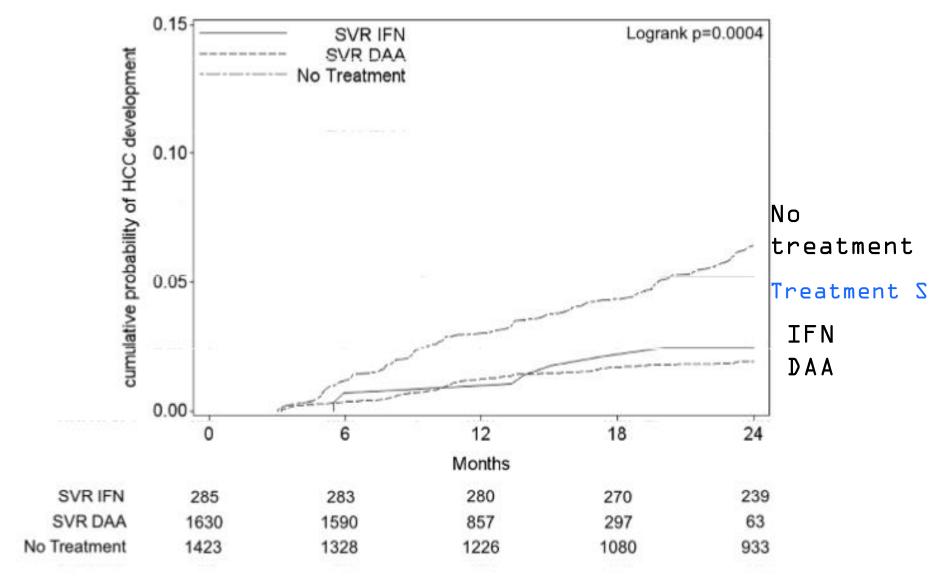
Patients HCV cirrhosis >3 times higher incidence HCC than patients with ALD NAFLD or OTHER (1.0/100



Ioannou, G. N., et al. (2018). PLoS One 13(9): e0204412.

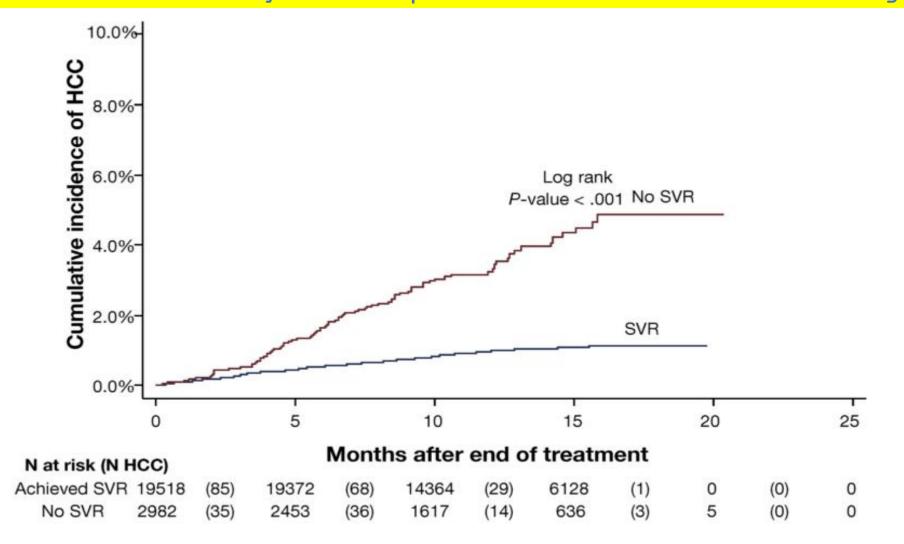
#### HCC after SVR with IFN versus DAA: ERCHIVES study

Untreated cirrhosis significantly higher HCC incidence compared to those treated with IFN DAA's: Risk not higher in DAA treated patients



## Cumulative incidence of HCC

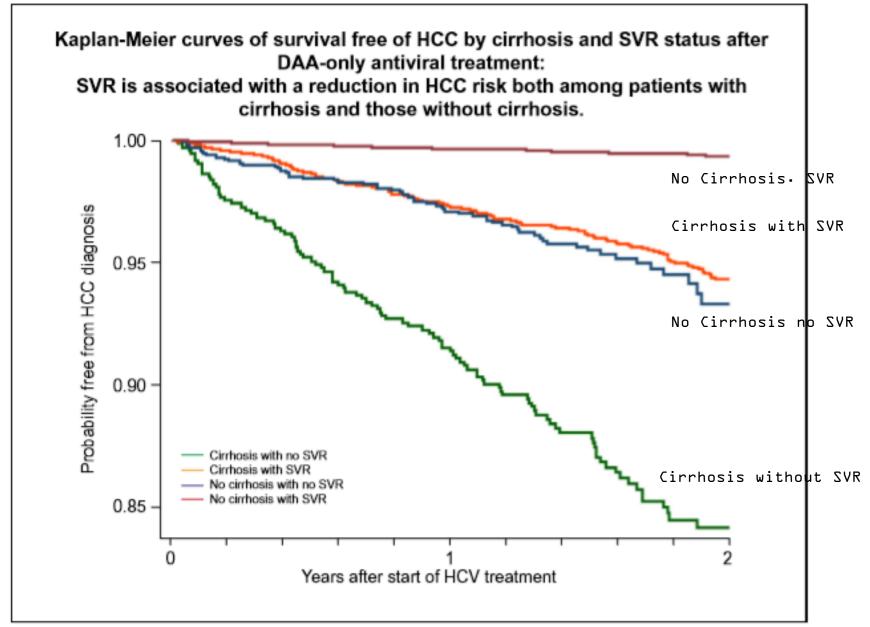
ctive cohort study 22,500 patients treated with DAA agen



Kanwal F<sub>1</sub> et al Gastroenterology 2017:15 Maan and Feld Gastroenterology 2017 153(4

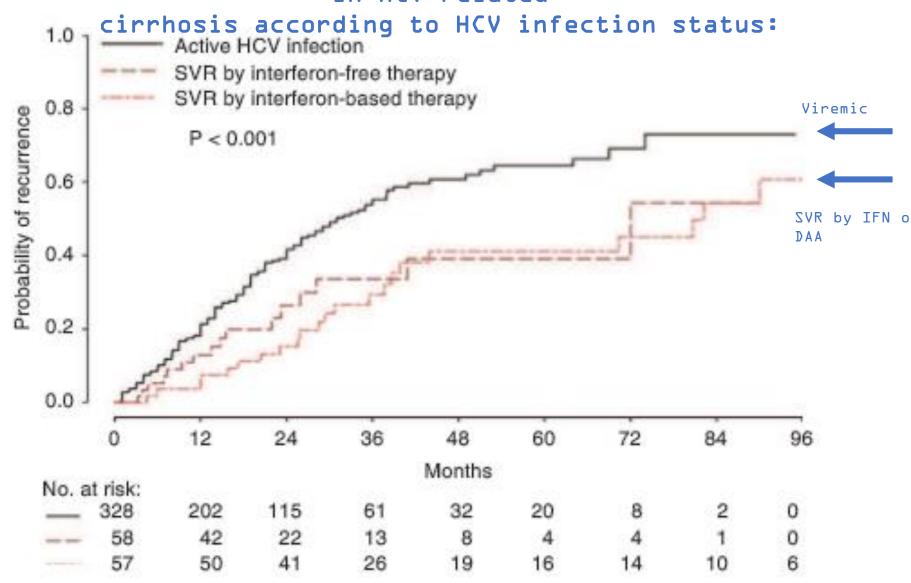
Survival free of HCC by cirrhosis and SVR status after DA

62,354 patients who initiated antiviral treatment VA 1999- 2015 (17 years)



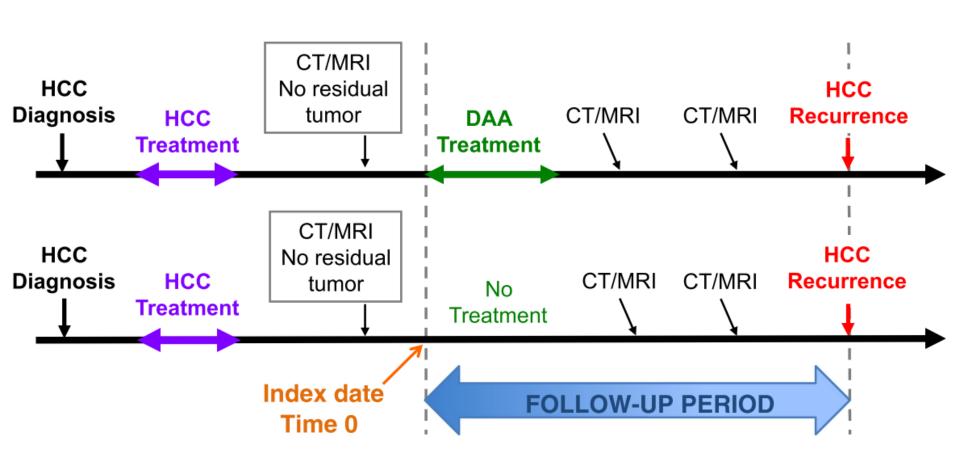
Ioannou GN et al Journal of

Time to HCC recurrence HCC
443 patients with curative resection or ablation of HCC
in HCV-related



Petta S et al Alimentary pharmacology & therapeut

Proposed study design for evaluating the risk of recurrent HCC associated with DAA treatment



Ioannou, G. N. and J. J. Feld (2019). <u>Gastroenterology</u> **156**(2): 446-460 e442.

## Cohort study design required: elements

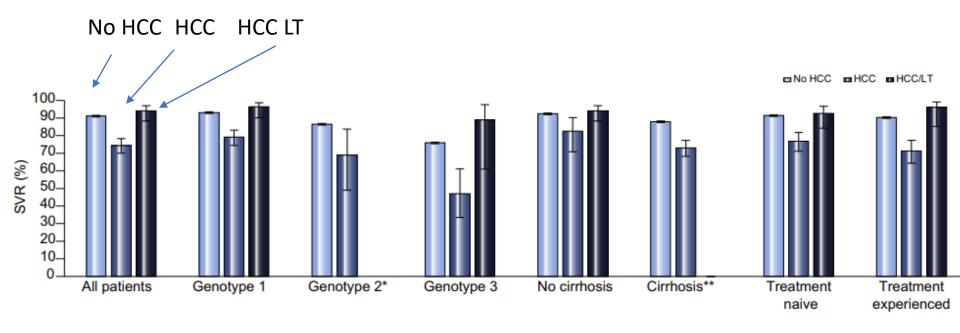
- Follow-up time begins
  - Start of antiviral therapy treated patients and at the "Index date" for untreated patients
- Evidence of lack of residual tumor
- Date: equal duration time from time of HCC treatment.
- Treated and untreated accounts for immortal time bias: a matching scheme used.
- Comparison between treated and untreated patients adjusted for baseline characteristics that are associated with tumor recurrence
- Treated and untreated patients need to have similar and adequate methods of surveillance for HCC

#### Vascularization of hypovascular nodules after DAA therapy.

21 months Before DAA therapy 6 months After DAA therapy S8 Arterial S8 HBP **S8** S5 Arterial S5 HBP

Ooka, Y., et al. (2018). <u>Hepatol Int</u> **12**(6): 523-530.

#### SVR rates in patients with HCC, HCC/LT, and no HCC.



Beste, L. A., et al. (2017). <u>J Hepatol</u> **67**(1): 32-39.

#### Conclusions

- Cohort studies added considerably to knowledge of the natural history and treatment outcome hepatitis C
- Considerable hierarchy of evidence
- Include impact on severe outcomes and resource use – informed policy
- Some cohorts (recurrent HCC DAA) interpretation more difficult
  - Non identical groups, and methodological challenges